

Commando Training Camp Schedule 2018



Commando Training Camp for Kids

www.commandokids.in
095958 00200

Residential Camp for Boys & Girls between 7 to 18 yrs.

Courses	Days	Fees	Starting Dates		
			MARCH - 2018	APRIL - 2018	MAY - 2018
Basic Course	3 Nights and 4 Days	5,000/-	18 th & 25 th March	1 st , 8 th , 15 th , 22 nd & 29 th April	6 th , 13 th , 20 th & 27 th May
Regular Course	6 Nights and 7 Days	9,500/-	18 th & 25 th March	1 st , 8 th , 15 th , 22 nd & 29 th April	6 th , 13 th , 20 th & 27 th May
Advance Course	10 Nights and 11 Days	13,000/-		15 th & 29 th April	13 th May



Sword Swing



River Crossing



Horse Riding



Bungee Run



Army Net



Wall Climbing



Commando Net



Ladder Climbing



Zip Line

- Sensational Obstacles
- Incredible Inflatable
- Snake Bite Training
- Enthralling Cross Rope
- Thrillto Ladder Climber
- Archery
- China Wall
- Flying Fox
- Army Net
- Night Trek
- Crazy Bull Ride
- Sumo Wrestling
- Yoga - Meditation
- Zip line Crossing
- Commando Rappelling
- Boxing
- Kabbadi
- Kayaking
- Rugby
- Camp Fire
- Zorbo Rolling
- Sword Swing
- Lathi - Kathi
- Rock Climber
- Rifle Shooting

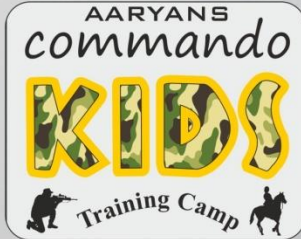
More than 76 Thrilling, Adventurous Activities & Games.

Commando Training Camp Course Details

1. **Basic Course (Red Army) – 3 nights & 4 days**
2. **Regular Course (Green Army)- 6 nights & 7 days**
3. **Advance Course(Black Army) – 10 nights & 11 days**



Basic Course (Red Army) – Activities List



Red Army Basic Course (3 Nights & 4 Days)



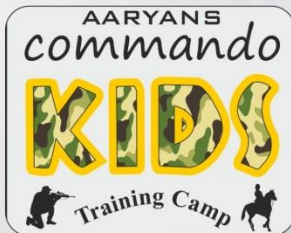
Basic Course Activities

<u>Breathtaking Obstacles</u>	<u>Life Skill Training</u>	<u>Bird Animal Delite</u>
Balance Beam	Horse Riding	Peacock Watch
Hoppy Obstacle	Camel Ride	Exotic Bird Handling
Zig-Zag climber	Bullock Cart Training	Domestic Animal Handling
Barbed Crawling	First Aid Training	<u>Incredible Inflatable</u>
Ritzzy Steps	Riffel Shooting	Bungi Run
China Wall	Camp Fire	Crazy Bull Rider
Tarzan Wall	Best Out of Waste Training	Trampoline Jumper
Notty Rope Climber	Washing Cloths	<u>Walky Trekky</u>
Tyree Crossing	Utensil Washing	Short Trek
<u>Sensational Obstacles</u>	Cleaning the Premises/ Bed	Night Trek
Dirty Bar Balance	Snake Bite Training	<u>Wattery lottery</u>
Camel Balance	<u>Gusty Crusty</u>	Water Play
Victoria Balance	Arm Wrestling	Mud Bath
Army Net	Kabbaddi	<u>Dare U</u>
Commando Net	Kho Kho	One minute Game
<u>Thrilling Obstacles</u>	Rugby	
Zip- Line Crossing	Football	
Entralling Cross Rope		



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Basic Course – Material Requirement List During Camp



Red Army Basic Course (3 Nights & 4 Days)



Material Requirement List During Commando / Military Training

DRESS

- Night dress - min 2
- Towel (big) for bathing - 1
- Small Napkin - 1
- T-shirt - min 4
- Blacktrack pant - 2 (compulsory)
- Undergarments - min 3
- Cap - min 1
- Socks - 2 pairs
- Cycling tights - min 2 (for girls)

TOILETTES

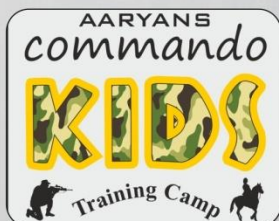
- Tooth brush /paste - 1
- Comb - 1
- Soap with case - 1
- Shampoo pouch - min 3
- Hair oil - small 1
- Washing soap - 1

OTHERS

- Shoes - (Sports) - 1 pair
- Slippers or floaters - 1 pair
- Torch - 1
- Sack (big/small) - 1/1
- Water bottle - small / big -1/1



Regular Course (Green Army) – Activities List



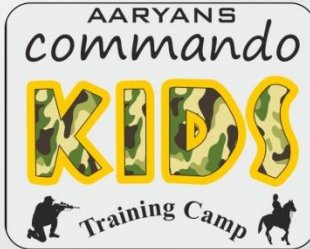
Green Army Regular Course (6 Nights & 7 Days)



Regular Course Activities

<u>Breathtaking Obstacles</u>	<u>Life Skill Training</u>	<u>Gusty Crusty</u>
Balance Beam	Horse Riding	Arm Wrestling
Hoppy Obstacle	Camel Ride	Kabbaddi
Zig-Zag climber	Bullock Cart Training	Kho Kho
Barbed Crawling	First Aid Training	Rugby
Ritzy Steps	Riffel Shooting	Football
China Wall	Camp Fire	Taekwondo
Tarzan Wall	Best Out of Waste Training	Yoga Meditation
Notty Rope Climber	Washing Cloths	Danpatta
Tyree Crossing	Utensil Washing	Sword Swing
<u>Sensational Obstacles</u>	Cleaning the Premises/ Bed	Lathi Kathi
Dirty Bar Balance	Snake Bite Training	Talwarbazi
Camel Balance	CPR Training	Boxing
Victoria Balance	Fire Fighting	<u>Bird Animal Delite</u>
Army Net	Birds/ Animal Bathing/ cleaning	Peacock Watch
Commando Net	Preparing Eatables in Jungle	Exotic Bird Handling
<u>Thrilling Obstacles</u>	<u>Incredible Inflatable</u>	Domestic Animal Handling
Zip- Line Crossing	Bungi Run	<u>Dare U</u>
Entralling Cross Rope	Crazy Bull Rider	One minute Game
Flying Fox	Trampoline Jumper	<u>Wattery lottery</u>
Burma Bridge Crossing	Parachut Riser	Water Play
<u>Walky Trekky</u>	Rock Climber	Mud Bath
Short Trek	Summo Wrestling	COMMANDO TRAINING CAMP FOR KIDS
Night Trek	Zorbo Rolling	www.commandokids.in
Long Trek	<u>Courageous Climber</u>	09595800200
Ambush Training	Sensational Climbing Wall	
	Risky Rappelling	

Regular Course – Material Requirement List During Camp



Green Army Regular Course (6 Nights & 7 Days)



Material Requirement List During Commando / Military Training

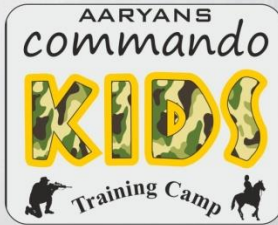
<u>DRESS</u>	<u>TOILETTERES</u>
Night dress - min 2	Tooth brush /paste - 1
Towel (big) for bathing - 1	Comb - 1
Small Napkin - 2	Soap with case - 1
T-shirt - min 4	Shampoo pouch - min 3
Black track pant - 2 (compulsory)	Hair oil - small 1
Undergarments - min 3	Washing soap - 1
Cap - min 2	
Socks - 4 pairs	
Cycling tights - min 2 (for girls)	



<u>OTHERS</u>
Shoes - (Sports) - 1 pair
Slippers or floaters - 1 pair
Torch - 1
Sack (big/small) - 1/1
Water bottle - small / big -1/1



Advance Course (Black Army) – Activities List



Black Army Advance Course (10 Nights & 11 Days)



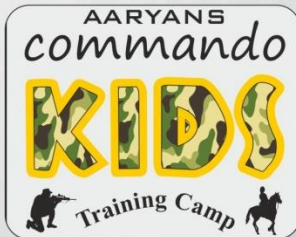
Advanced Course Activities

<u>Breathtaking Obstacles</u>	<u>Life Skill Training</u>	<u>Gusty Crusty</u>	<u>Dare U</u>
Balance Beam	Horse Riding	Taekwondo	One minute Game
Hoppy Obstacle	Camel Ride	Yoga Meditation	Walking on Broken Glass Pieces
Zig-Zag climber	Bullock Cart Training	Danpatta	Piercing the Potato with Straw
Barbed Crawling	First Aid Training	Sword Swing	Aangare Walk
Ritzy Steps	Riffel Shooting	Lathi Kathi	
China Wall	Camp Fire	Talwarbazi	<u>Walky Trekky</u>
Tarzan Wall	Best Out of Waste Training	Boxing	Short Trek
Notty Rope Climber	Washing Cloths	Arm Wrestling	Night Trek
Tyree Crossing	Utensil Washing	Kabbaddi	Long Trek
<u>Sensational Obstacles</u>	Cleaning the Premises/ Bed	Rugby	Ambush Training
Dirty Bar Balance	Snake Bite Training	Football	Day Long Trek
Camel Balance	CPR Training	<u>Wattery lottery</u>	Night Trail
Victoria Balance	Fire Fighting	Water Play	
Army Net	Birds/ Animal Bathing/ cleaning	Mud Bath	
Commando Net	Preparing Eatables in Jungle	Kayaking	
<u>Thrilling Obstacles</u>	Horse Trailing	Banana Ride	
Zip- Line Crossing	Archery	<u>Bird Animal Delite</u>	
Entralling Cross Rope	<u>Incredible Inflatable</u>	Peacock Watch	
Flying Fox	Bungi Run	Exotic Bird Handling	
Burma Bridge Crossing	Crazy Bull Rider	Domestic Animal Handling	
River Crossing	Trampoline Jumper		
<u>Courageous Climber</u>	Parachut Riser		
Sensational Climbing Wall	Rock Climber		
Risky Rappelling	Summo Wrestling		
Thrill-O-Ladder Climber	Zorbo Rolling		
Commando Rapping			

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Advance Course – Material Requirement List During Camp



Black Army Advance Course (10 Nights & 11 Days)



Material Requirement List During Commando / Military Training

DRESS

Night dress - min 4
Towel (big) for bathing - 2
Small Napkin - 2
T-shirt - min 6
Black track pant - 2 (compulsory)
Undergarments - min 6
Cap - min 2
Socks - 6 pairs
Cycling tights - min 3 (for girls)

TOILETTERES

Tooth brush /paste - 1
Comb - 1
Soap with case - 1
Shampoo pouch - min 3
Hair oil - small 1
Washing soap - 1






































OTHERS

Shoes - (Sports) - 1 pair
Slippers or floaters - 1 pair
Torch - 1
Sack (big/small) - 1/1
Water bottle - small / big -1/1



Food Program

		 <h2 style="margin: 0;">FOOD PROGRAM</h2> <p style="margin: 0;">COMMANDO TRAINING CAMP (Only Veg. Food / Special Jain Food)</p> 			
Day	 Break Fast (7.30 a.m.) (unlimited)	 Lunch (12.30 noon) (unlimited)	 Refreshment (5.30)	 Dinner (8.30p.m.) (unlimited)	
Sunday 	N/A	Paneer Butter Masala, Masoor Usal Dry, Dal Jeera Rice, Chapati Koshimbir, Pickle Boondi Raita, Frymes / Papad 	Potato Chips with Flavoured Milk - 2 per student 	Pav Bhaji, Dal, Masala Bhat with Ghee & Masala Butter Milk 	
Monday	Kanda Batata Pohe & Milk 	Chole Gravy, Bhendi Masala, Dal Methi, Rice, Chapati Salad, Pickle Frymes / Papad 	Kothimbir Wadi (5 pcs) with 1 Butter Milk 	Mix Veg Paratha with Pickle and Veg Pulao 	
Tuesday	Idli with Chutney 	Moong Gravy, Sev Subji, Dal Lasooni, Jeera Rice, Chapati, Koshimbir Pickle, Frymes / Papad 	Lassi with Medium Samosa (2 pcs) 	Misal Pav, with Lemon Rice Solkadi 	
Wednesday	Rava Upma and Milk 	Green Chana Usal, Flower Mutter Aloo subzi, Chapati Tomato Dal, Rice, Salad, Pickle, Frymes / Papad 	Watermelon with French Fries 	Tomato Soup, Veg. Hakka Noodles and Veg. Schezwan Rice 	
Thursday	Veg. Sandwich and Milk 	Chawli Gravy, Kobi with Daal Subzi, Dal Fry, Jeera Rice, Chapati, Koshimbir, Pickle, Frymes / Papad 	1 Veg Puff with One Butter Milk 	Methi Thepla with Batata Rassa Bhaji and Steam Rice 	
Friday	Sheera (Sweet) and Milk 	Dum Aloo, Bhendi Fry, Dal, Steam Rice, Chapati, Salad, Pickle, Frymes / Papad 	Veg. cutlets (3 pcs) with 1 Lassi 	Aloo Paratha with Corn Rice and Butter Milk 	
Saturday	Kanda Pohe and Milk Green Peas 	Veg. Hyderabad, Aloo Jeera, Veg. Biryani, Boondi Raita, Chapati, Pickle, Frymes / Papad and Amrakhand 	Flavoured Milk with Mix Pakoda (6 pcs) 		

Transportation Service For Mumbai Students



Commando Training Camp for Kids



TRANSPORTATION



**Pick up & Drop facility
is only for Mumbai**

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